



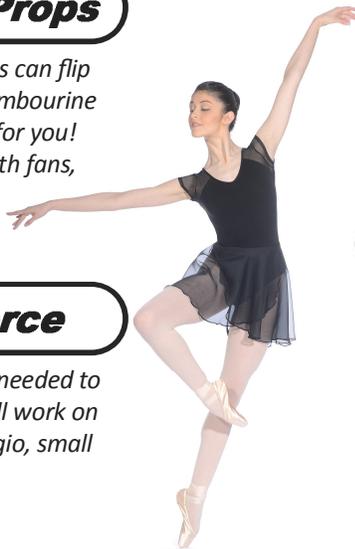
Each of these workshops will explore a different aspect of ballet technique-- learn new skills, strengthen technique and have FUN!

JULY 10 - Pliés and Props

Ages 7 & up Ever wonder how dancers can flip open a fan with such flare? Or tap a tambourine with their toes? This is the workshop for you! We'll learn all the tricks to dancing with fans, tambourines and more!

JULY 24 - Tour de Force

Ages 10 & up Work on the techniques needed to achieve fantastic jumps and turns. We'll work on pirouettes, piqué turns in patterns, adagio, small jumps, large jumps and more!



JULY 17 - Stretch & Strengthen

Ages 10 & up Learn the techniques to increase flexibility and strengthen your whole body, as well as the strategies to maintain your new skills!

JULY 31 - Pas de Bourrée Pointe Work

Ages 11 & up This workshop is designed for those experienced on pointe AND those interested in beginning pre-pointe. Dancers who have not yet begun pointe will do the exercises in their ballet slippers to gain strength and learn important concepts and terminology. Those on pointe will strengthen existing skills and learn new ones.

REGISTER BELOW - PLEASE PRINT CLEARLY

COST \$25 per Workshop

TIMES 5:30-7:30pm

LOCATION Edge Performing Arts, 5047 Country Club Rd., Winston-Salem, NC 27104

ATTIRE Ladies: leotard of their choice with pink tights and ballet slippers; hair in a bun or similar
Gentleman: solid colored shorts, plain t-shirt and ballet shoes

WORKSHOP ATTENDING (circle all that apply) July 10th July 17th July 24th July 31st

Dancer's Name: _____ Parent/Guardian Name: _____

Dancer's Date of Birth: ____/____/____ Daytime telephone #: (____) ____-____

Mailing Address: _____ City, State, ZIP: _____

Email Address (parent, please print clearly): _____@_____

Dance Experience: _____ Allergies: _____

Notes: _____

I understand that, as with any physical activity or sport, there are certain inherent risks associated with participation. I will not hold Dancers Edge, Edge Performing Arts, any instructor, or affiliate responsible for loss or injury associated with this dancer's participation. Fees are non-refundable.

Signature (parent/guardian - REQUIRED): _____ Date: _____

MAIL TO: Edge Performing Arts, 5912 Reynolda Road, Winston-Salem, NC 27106 with fee for session.